This learning pathway includes all CAPC online courses that provide Maintenance of Certification points for ABIM-boarded physicians.

An In-Depth Look At Palliative Care And Its Services
Defining palliative care, which patients need it, how it is delivered, and how palliative care differs from hospice.

Pain Management

Course 1: Comprehensive Pain Assessment
Conducting a comprehensive pain assessment to guide safe and effective treatment.

Course 2: Matching the Drug Class to the Pain
Selecting a safe and appropriate analgesic for patients with serious illness based on the pain assessment.

Course 3: Patient Factors that Influence Prescribing Decisions
Patient and family factors that influence prescribing decisions for patients with serious illness.

Course 4: Assessing Risk for Opioid Substance Use Disorder
Integrating routine risk assessment for substance use disorder when considering or using opioid therapy.

Course 5: Opioid Trials: Determining Design, Efficacy, and Safety
Designing a safe and effective opioid trial for the patient with serious illness.

Course 6: Prescribing An Opioid
Safe and appropriate opioid prescribing for the opioid-naive patient with serious illness.
Course 7: Prescribing Short-Acting Opioids: Four Case Studies
Four indications for using short-acting opioids.

Course 8: Monitoring for Opioid Efficacy, Side Effects, and Substance Use Disorder
Ongoing evaluation of opioid benefits, risks, and side effects for the patient with serious illness.

Course 9: Converting from Short-Acting to Long-Acting Opioids
Guidance on safe conversion to long-acting opioids for patients with serious illness.

Course 10: Prescribing Practice and Opioid Conversions
Prescribing practice for long half-life opioids, converting from one opioid to another, and accounting for incomplete cross-tolerance.

Course 11: Advanced Conversions and Opioid Side Effects
Changing the route of opioid delivery, rotating opioids, advanced opioid conversions, and tapering opioids.

Course 12: Special Populations And Patient-Controlled Analgesia
Safe opioid prescribing in older adults, cognitively impaired patients, children, and the imminently dying, including patient-controlled analgesia.

Course 13: Managing Pain in Patients At Risk for Substance Use Disorder
Pain management for patients with serious illness and high risk for substance use disorder, including risk assessment, monitoring, and when to refer for safe pain management.

Course 14: Pain Management: Putting it All Together
Safe opioid prescribing for patients with serious illness, using the Federation of State Medical Boards (FSMB) Guidelines for the Chronic Use of Opioid Analgesics.

Symptom Management

Nausea and Vomiting
Identifying and managing nausea and vomiting for patients living with serious illness and their caregivers.

Dyspnea
Reducing physical and emotional suffering from dyspnea for patients with serious illness.

Constipation
Assessing and managing constipation in people with serious illness.
**Anxiety**
Prevalence, screening recommendations, and evidence-based strategies to treat anxiety in patients with serious illness.

**Depression**
Prevalence, screening recommendations, and evidence-based strategies to treat depression in patients with serious illness.

**Communication Skills**

**Delivering Serious News**
Communicating serious clinical news to patients and families.

**Discussing Prognosis**
How to discuss patient prognosis in a manner that is sensitive, clear, and supportive.

**Clarifying Goals of Care**
Strategies for eliciting patient goals and preferences to inform treatment decisions.

**Conducting a Family Meeting**
Communication techniques for an effective family meeting.

**Advance Care Planning Conversations**
How to initiate and conduct conversations about advance care planning.

**Best Practices in Dementia Care and Caregiver Support**

**Discussing Your Patient’s Dementia Diagnosis**
Disclosing a dementia diagnosis to patients and caregivers in a way that is sensitive, clear, and supportive.

**Communicating About What to Expect as Dementia Progresses**
Helping patients and caregivers understand challenges they may face as dementia worsens.

**Planning for the Future with People Living with Dementia and Their Caregivers**
Enabling patients and caregivers to plan ahead for the financial, legal, and other impacts of dementia.

**Supporting the Caregivers of People Living with Dementia**
Assessing for caregiver burden and connecting caregivers to needed support systems.
Understanding and Responding to Behavioral and Psychological Symptoms of Dementia

Strategies for understanding and addressing the sources of behavioral symptoms for people living with dementia.

Mood and Sleep Disturbances in People Living with Dementia

Addressing common sources of suffering for people living with dementia.

Critical Decisions in Advanced Dementia

Addressing common sources of suffering for people living with advanced dementia.

Relief of Suffering Across the Disease Trajectory

Dementia: Relieving Suffering for Patients and Families

Identifying and addressing the sources of suffering for patients and families living with dementia.

Chronic Obstructive Pulmonary Disease (COPD)

Assessing and addressing sources of suffering for people living with chronic obstructive pulmonary disease (COPD) and their caregivers.

Heart Failure

Interventions to reduce suffering along the disease trajectory for people living with congestive heart failure (CHF) and their families.

Managing Gaps in Care: Discipline-Specific Approaches

Communicating with Treating Clinicians: How Medical Directors Can Support Best Care for the Seriously Ill

Guidance for collaborating with treating providers to ensure that members who would benefit receive palliative care.

Care Management for Seriously Ill Patients: Addressing Gaps in Care

Communication and assessment techniques for case managers to elicit goals of care and address suffering for people with serious illness.

A Palliative Approach to Care for Direct Care Workers

The role of the direct care worker in observing and reporting suffering in patients with serious illness.

Preventing Crises Through Whole-Patient Care
Supporting the Family Caregiver: The Burden of Serious Illness
Assessing and supporting caregivers of people with serious illness.

Care Coordination
Guidance for all clinicians on improving communication and ensuring smooth transitions of care for patients living with serious illness.

Building Physician Skills in Basic Advance Care Planning
Basic Advance Care Planning: Introduce and Motivate
Identify the role of physicians and advanced practitioners in introducing patients to ACP.

Basic Advance Care Planning: Guide and Document
Build physicians’ and advanced practitioners’ skills in guiding and documenting ACP conversations.

Beyond the Conversation: Integrating Basic Advance Care Planning into Practice
Ways for physicians and advanced practitioners to integrate and bill for ACP in their practice.

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