Nausea and Vomiting in Patients With Serious Illness



Drug Classes and Medications for Treatment of Nausea and Vomiting

Class	Mechanism	Indications	Drugs	Side Effects	Cost
Antidopaminergic Therapies	 Block emetic pathways originating from the GI and CTZ Antidopaminergic (D2) Direct pro-kinetic effect (metoclopramide) 	Opioids, chemotherapy, toxins, or drugs associated nausea and vomiting	ProchlorperazinePromethazineMetoclopramideHaloperidol	 Extra-pyramidal effects Sedation Hypotension Contraindicated in bowel obstruction 	Low
Serotonin receptor antagonists	Block emetic pathways occurring through vagal stimulation, 5-HT3 receptors in the GI tract, and/or the CTZ	Chemotherapy, toxins (CTZ, GI tract) associated nausea and vomiting	 Ondansetron Granisetron Dolasetron Tropisetron Palonosetron (second generation) 	Constipation Headache	Moderate
Antihistamines	Uncertain action at the vomiting center	Inner ear pathology, adjuvant to other agents	Diphenhydramine Hydroxyzine Meclizine Doxepin	 Sedation Constipation Confusion Orthostatic hypotension Dry mouth 	Low
Anxiolytics – Benzodiazepines	Works via the cerebral cortex Pathway	Anxiety, PTSD post- chemotherapy Useful as an adjunct	LorazepamOxazepamDiazepam	SedationConfusionFalls and fractures	Low
Corticosteroids	May relieve cancer associated nausea through effects on reducing inflammatory mediators, tumor edema, pressure on GI tract, and reducing intracranial pressure from tumor mass The exact mechanism in nausea and vomiting is unknown	Bone pain Stimulate appetite	Dexamethasone Methylprednisolone Prednisone	 Fluid retention Increased blood pressure Mood swings Weight gain Increased risk of infections Thinning bones (osteoporosis) and fractures 	Low

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Cannabinoids	Cannabinoid receptors are widespread in the central nervous system and the mechanism of action is unknown	 Nausea unresponsive to conventional treatment May be used in combination with other antiemetic therapies Combination antiemetic therapy with dronabinol and prochlorperazine may result in synergistic antiemetic effects and minimize the toxicities 	DronabinolNabilone	 Tachycardia Low blood pressure Blood shot eyes Muscle relaxation Slowed digestion Dizziness Depression Hallucinations Paranoia 	Moderate
Medical Marijuana	THC or tetrahydrocannabinols is the psychoactive compound in marijuana. CBD or cannabidiol is another compound in marijuana that is not psychoactive	Three randomly controlled trials involving 43 subjects demonstrated cannabis to be an effective antiemetic	• THC • CBD	 Headaches Dry mouth and dry eyes Lightheadedness and dizziness Drowsiness Fatigue 	Moderate
Neurokinin-1 receptor (NK-1) antagonists	Prevent both central and peripheral stimulation of vomiting centers	Added to the standard antiemetic regimen (the combination of 5HT3 + steroid) for high dose chemotherapy or highly emetogenic chemotherapy	Aprepitant Rolapitant	 Many drug-drug interactions Anemia Dizziness Urinary tract infection Indigestion Decreased appetite Hiccups Abdominal pain Headache 	High

