Value-Based Insurance Design (VBID) Model

Hospice Learning Workgroup Session IV: Addressing Health Disparities in End of Life Care

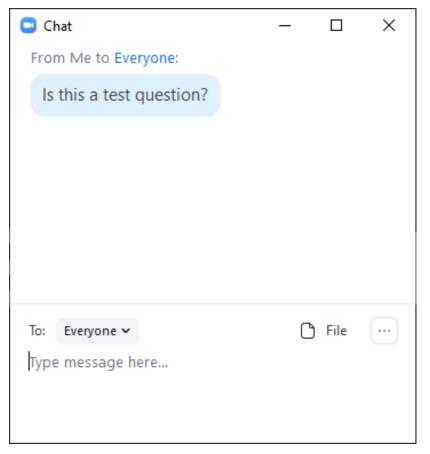
Thursday, June 24, 2021

Center for Medicare & Medicaid Innovation with a Presentation by the Center to Advance Palliative Care (CAPC)



How to Engage in the Conversation

- We encourage you to have your camera on and to share your thoughts and questions by unmuting your microphone.
- Questions for the group and additional thoughts can also be shared through the Zoom chat box.
 - Select "Chat" followed by "Everyone."
- If inquiries require additional research or if we are unable to get to a question submitted via the chat, the VBID Model Team will investigate as needed and reply via email.





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This presentation was current at the time it was shared with VBID Model participants. Medicare policy changes frequently so links to the source documents have been provided within the document for your reference.

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Participants in this discussion agree that all activities are in compliance with federal and state antitrust laws. In the course of the discussion, no financial information from participating payers will be shared. Each participant will refrain from discussing or exchanging information regarding competitively sensitive topics. Such information includes, but is not limited to:

- •Per member per month (PMPM) amounts
- •Shared savings
- Incentive payment amounts
- Market share
- Profits
- •Margins
- •Costs
- •Reimbursement levels or methodologies
- Terms of coverage



Agenda

- Welcome
- Presentation by CAPC
- Discussion
- Next Steps



Addressing Health Disparities in End of Life Care



Speakers



Brittany Chambers
Associate Director,
Education

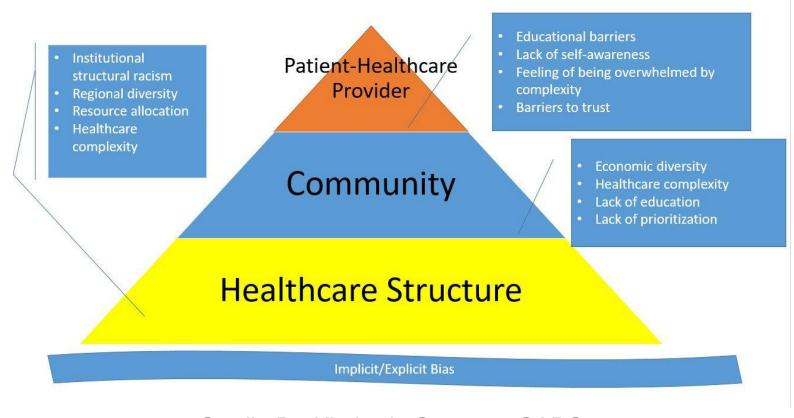


Allison Silvers
VP, Payment & Policy



Racial Disparities in Health Care

Health care disparities are widely documented for African Americans and Hispanics compared to Whites across a range of conditions (e.g. cancer, heart disease, etc.).



Credit: Dr. Kimberly Curseen, CAPC Master Clinician Series, May 21, 2020



Symptom Management Disparities in Serious Illness Care

Compared with Whites, Seriously III African Americans are:

- → less likely to have their pain adequately assessed and treated
- → less likely to receive care consistent with preferences





Communication Disparities in Serious Illness Care

Compared with Whites, Seriously III African Americans are:

- → less likely to participate in advance care planning
- → less likely to discuss prognosis with providers
- → more likely to have unmet needs for provider communication





Service Utilization Disparities in Serious Illness Care

Compared with Whites, Seriously III African Americans are:

→ less likely to use hospice and palliative care



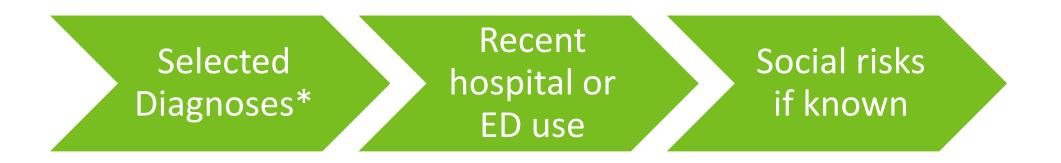


Payer Strategies to Address Serious Illness Disparities

- → Proactive Identification
- → Care Manager Responsibilities
 - Assessment for distress
 - Communication with treating clinicians
 - Skilled linkage to palliative care
- → Targeted Quality Monitoring/Incentives



Proactive Identification



* Racial bias in algorithms (Obermeyer 2019) – can compensate with lower cut-points for people of color



The Role of the Care Manager

Symptom Burden

→ Revised Edmonton Symptom Assessment System (ESAS)

Functional Impact

→ Palliative Performance State (PPS)

→Karnofsky Performance St

Anticholinergic B

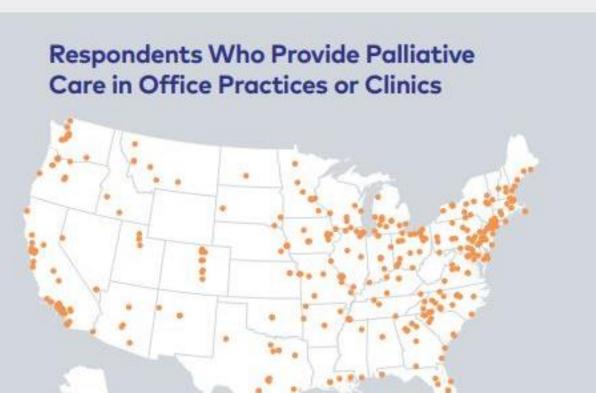
→ Anticholinergic Burden

Caregiver Burden

→ Zarit Burden Interview

"No one ever asked me about this before!"





Linkage to Palliative Care Specialists When Warranted

Add expertise in symptom management and clarifying goal-aligned care

Incentivize Through Quality Measures?

→ Availability of palliative care in network hospitals

https://bettercareplaybook.org/_blog/2020/8/driving-improvements-hospital-care-through-palliative-care-quality-incentives

- → Patient-reported measures
 - How much do you feel heard and understood?
 - How much do you feel you got the help you wanted for pain?



Center to Advance Palliative Care™

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Discussion



Next Steps



Next Steps

- Action Items
- Please fill out a short, anonymous <u>survey</u>
- Our next Hospice Learning Workgroup will be Thursday, July 22 at 3pm ET/ 12pm PT
 - Topic: Transitional Concurrent Care
- Keep the dialogue open
- Please feel free to reach out to us at VBID@cms.hhs.gov

