

# Symptom Management Designation

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This learning pathway provides comprehensive continuing education in the management of common symptoms experienced by patients living with a serious illness. Clinicians can use CAPC Designation to demonstrate expertise in symptom management for this patient population.

## Anxiety

After completing this course, learners will be equipped with evidence-based strategies to identify and treat anxiety in patients living with a serious illness.

## Constipation

Constipation occurs in at least 70% of patients living with a serious illness and often goes unrecognized. After completing this course, learners will have the tools to successfully identify and manage the impact of constipation.

## Depression

After completing this course, learners will have the tools to accurately identify and treat depression in patients living with a serious illness.

## Dyspnea

After completing this course, learners will have the tools they need to manage dyspnea, including the physical causes of shortness of breath and the emotional impact on the patient.

## Nausea/Vomiting

Nausea and vomiting are common symptoms of serious illness and can cause dangerous complications. After completing this course, learners will be equipped with practical skills to identify, manage, and reduce these symptoms.

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