

# Surgery

This Learning Pathway contains training and tools to provide an added layer of support for surgical patients and their families or other caregivers. It includes continuing education courses in how to communicate with patients about their goals of care and support difficult decision-making, and when to refer to specialty palliative care.

#### Introduction to Palliative Care

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

#### **Discussing Serious News**

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

## **Discussing Prognosis With Patients and Caregivers**

Learn how to effectively discuss prognosis with patients and their caregivers.

### **Clarifying Patient Goals of Care**

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

## Leading a Patient and Caregiver Meeting

Learn to effectively lead meetings that help patients and caregivers become aligned around the patient's goals.

# Care Planning

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

# Nausea/Vomiting

Nausea and vomiting are common symptoms of serious illness and can cause dangerous complications. After completing this course, learners will be equipped with practical skills to identify, manage, and reduce these symptoms.

## Constipation

Constipation occurs in at least 70% of patients living with a serious illness and often goes unrecognized. After completing this course, learners will have the tools to successfully identify and manage the impact of constipation.

## Reducing Risks for Older Adults

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

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