

# **Psychiatry and Mental Health Professionals**

This Learning Pathway contains training and tools for psychiatry and mental health professionals to support patients living with serious illness, including having difficult discussions about goals of care and decision-making, identifying symptoms and substance use disorders that impact quality of life, and addressing caregiver burden.

#### Introduction to Palliative Care for Health Professionals

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

### **Discussing Serious News**

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

## Clarifying Patient Goals of Care

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

## **Leading a Patient and Caregiver Meeting**

Learn to effectively lead meetings that help patients and caregivers become aligned around the patient's goals.

## **Course 1: Comprehensive Pain Assessment**

Conducting a comprehensive pain assessment to guide safe and effective treatment.

## Course 8: Monitoring for Opioid Efficacy, Side Effects, and Substance Use Disorder

Ongoing evaluation of opioid benefits, risks, and side effects for the patient with serious illness.

## **Supporting the Family Caregiver: The Burden of Serious Illness**

Assessing and supporting caregivers of people with serious illness.

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