#### CCDC Center to Advance Palliative Care

# **Primary Care**

This Learning Pathway includes training and tools for primary care teams to improve quality of life along the trajectory of a serious illness. It includes continuing education courses in how to communicate with patients about their goals of care, support difficult decision-making, manage pain, and when to refer to specialty palliative care.

#### Introduction to Palliative Care

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

#### **Discussing Serious News**

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

#### **Care Planning**

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

#### Billing and Coding for Advance Care Planning (ACP) Services

Requirements, best practices, documentation requirements, and time thresholds for Advance Care Planning (ACP) services.

#### Prescribing Opioids: A Pocket Reference

Opioid pocket reference for providers including safe starting doses, equianalgesic chart, and standard dosing strengths.

#### **Billing Outpatient Tip Sheet**

Quick reference to help clinicians with clinic based outpatient billing and coding.

#### **CAPC Palliative Care Referral Criteria**

Checklist of triggers for referral to a specialty palliative care team.

#### **Reducing Risks for Older Adults**

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

#### Course 1: Pain and its Impact on Our Patients

Learn to define and characterize pain, recognize the prevalence of pain, understand disparities in pain management based on race, ethnicity, and gender.

#### **Course 2: How to Perform a Comprehensive Pain Assessment**

Learn the components of a comprehensive pain assessment and its importance in safe and effective pain management.

#### **Course 3: Matching Treatment to Pain Type**

Gain an overview of pharmacologic and nonpharmacologic pain treatments, including risks and benefits, and learn how to match the analgesic to pain type.

#### **Course 4: Prescribing an Opioid**

Learn how to decide on an appropriate opioid, route of delivery, and dose, and understand how to prescribe for incident and breakthrough pain.

#### **Course 5: Practice Prescribing an Opioid**

Practice prescribing initial opioid doses for different pain types and characteristics. Learn to adjust dosing as needed to manage pain effectively.

#### **Course 6: Creating a Pain Treatment Plan and Monitoring Effectiveness**

Learn to develop a pain treatment plan with realistic goals and proper documentation, and implement universal precautions to help with the risk of opioid use disorder.

### Course 8: Problems with Opioid Prescribing: Is it an Opioid Use Disorder?

Learn how to identify and diagnose opioid use disorder (OUD) and practice communicating with patients about OUD and pain management.

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