

# Pain Management Designation

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This learning pathway provides comprehensive continuing education in pain management and safe opioid prescribing for patients living with a serious illness. Clinicians can use CAPC Designation to demonstrate expertise in managing pain for this patient population.

## **Course 1: Comprehensive Pain Assessment**

Conducting a comprehensive pain assessment to guide safe and effective treatment.

## **Course 2: Matching the Drug Class to the Pain**

Selecting a safe and appropriate analgesic for patients with serious illness based on the pain assessment.

## **Course 3: Patient Factors that Influence Prescribing Decisions**

Patient and family factors that influence prescribing decisions for patients with serious illness.

## **Course 4: Assessing Risk for Opioid Substance Use Disorder**

Integrating routine risk assessment for substance use disorder when considering or using opioid therapy.

## **Course 5: Opioid Trials: Determining Design, Efficacy, and Safety**

Designing a safe and effective opioid trial for the patient with serious illness.

## **Course 6: Prescribing An Opioid**

Safe and appropriate opioid prescribing for the opioid-naive patient with serious illness.

## **Course 7: Prescribing Short-Acting Opioids: Four Case Studies**

Four indications for using short-acting opioids.

## **Course 8: Monitoring for Opioid Efficacy, Side Effects, and Substance Use Disorder**

Ongoing evaluation of opioid benefits, risks, and side effects for the patient with serious illness.

## **Course 9: Converting from Short-Acting to Long-Acting Opioids**

Guidance on safe conversion to long-acting opioids for patients with serious illness.

### **Course 10: Prescribing Practice and Opioid Conversions**

Prescribing practice for long half-life opioids, converting from one opioid to another, and accounting for incomplete cross-tolerance.

### **Course 11: Advanced Conversions and Opioid Side Effects**

Changing the route of opioid delivery, rotating opioids, advanced opioid conversions, and tapering opioids.

### **Course 12: Special Populations And Patient-Controlled Analgesia**

Safe opioid prescribing in older adults, cognitively impaired patients, children, and the imminently dying, including patient-controlled analgesia.

### **Course 13: Managing Pain in Patients At Risk for Substance Use Disorder**

Pain management for patients with serious illness and high risk for substance use disorder, including risk assessment, monitoring, and when to refer for safe pain management.

### **Course 14: Pain Management: Putting it All Together**

Safe opioid prescribing for patients with serious illness, using the Federation of State Medical Boards (FSMB) Guidelines for the Chronic Use of Opioid Analgesics.

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