

Pain Management Designation

This learning pathway provides comprehensive continuing education in pain management and safe opioid prescribing for patients living with a serious illness. Clinicians can use CAPC Designation to demonstrate expertise in managing pain for this patient population.

Course 1: Pain and its Impact on Our Patients

Learn to define and characterize pain, recognize the prevalence of pain, understand disparities in pain management based on race, ethnicity, and gender.

Course 2: How to Perform a Comprehensive Pain Assessment

Learn the components of a comprehensive pain assessment and its importance in safe and effective pain management.

Course 3: Matching Treatment to Pain Type

Gain an overview of pharmacologic and nonpharmacologic pain treatments, including risks and benefits, and learn how to match the analgesic to pain type.

Course 4: Prescribing an Opioid

Learn how to decide on an appropriate opioid, route of delivery, and dose, and understand how to prescribe for incident and breakthrough pain.

Course 5: Practice Prescribing an Opioid

Practice prescribing initial opioid doses for different pain types and characteristics. Learn to adjust dosing as needed to manage pain effectively.

Course 6: Creating a Pain Treatment Plan and Monitoring Effectiveness

Learn to develop a pain treatment plan with realistic goals and proper documentation, and implement universal precautions to help with the risk of opioid use disorder.

Course 7: Advanced Opioid Prescribing: Converting to Long-Acting Opioids

Learn how to convert from short-acting to long-acting opioids, and calculate rescue doses for breakthrough pain using updated equianalgesic tools.

Course 8: Problems with Opioid Prescribing: Is it an Opioid Use Disorder?

Learn how to identify and diagnose opioid use disorder (OUD) and practice communicating with patients about OUD and pain management.

Course 9: Using Buprenorphine for Chronic Pain and Opioid Use Disorder

Determine which patients may benefit from buprenorphine as a treatment for pain and opioid use disorder (OUD), and learn how to transition patients to buprenorphine.

Course 10: Managing IV Opioids

Learn how to convert patients back and forth from oral to IV opioid formulations, how to prescribe patient-controlled analgesia (PCA), and how to treat acute pain crises.

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