

Nephrology

Patients with chronic kidney disease and/or end-stage kidney disease face specific symptoms and challenges, particularly when deciding on treatment. This Learning Pathway includes continuing education courses and other resources to strengthen communication, manage common symptoms, and integrate palliative care practices and specialists in patient treatment.

Introduction to Palliative Care for Health Professionals

Introduction to Palliative Care

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

Communication Skills

Discussing Serious News

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

Discussing Prognosis With Patients and Caregivers

Learn how to effectively discuss prognosis with patients and their caregivers.

Clarifying Patient Goals of Care

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

Care Planning

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

Billing and Coding for Advance Care Planning (ACP) Services

Requirements, best practices, documentation requirements, and time thresholds for Advance Care Planning (ACP) services.

Communication Strategies - Unexpected Diagnosis of End Stage Kidney Disease

This script provides skills and techniques to discuss treatment choices and expectations with patients who have unexpectedly lost viable kidney function.

Symptom Management Skills

Revised Edmonton Symptom Assessment System (ESAS-r)

Assesses for nine symptoms experienced by patients with serious illness and quantifies their severity. Alberta Health Services.

Kidney Disease Quality of Life Instrument

Validated screening tool to assess burdens and impacts of kidney disease on patients.

How to Identify and Treat Fatigue in Our Patients with Serious Illness

Two palliative care clinicians provide the ins-and-outs of assessing and treating fatigue in patients with serious illness.

Uremic Pruritus Management Protocol

A recommended process to relieve pruritus with available treatments.

Dyspnea

After completing this course, learners will have the tools they need to manage dyspnea, including the physical causes of shortness of breath and the emotional impact on the patient.

Course 1: Comprehensive Pain Assessment

Conducting a comprehensive pain assessment to guide safe and effective treatment.

Non-Opioid Chronic Pain Management

Clinical training on the biological basis of chronic pain, building patient trust, and non-pharmacological and non-opioid treatments for managing chronic pain in patients with serious illness.

Opioid Prescribing for Chronic Pain

Clinical training on prescribing an opioid trial for the management of a seriously ill patient's chronic pain.

Anxiety

After completing this course, learners will be equipped with evidence-based strategies to identify and treat anxiety in patients living with a serious illness.

Depression

After completing this course, learners will have the tools to accurately identify and treat depression in patients living with a serious illness.

Restless Leg Syndrome Management Protocol

A recommended process to relieve restless leg syndrome with available treatments.

Integrating Palliative Care and Palliative Approaches into Kidney Care

Kidney Patient Referral Criteria for Specialty Palliative Care

Summary of indicators for consultation with a specialty palliative care team.

Palliative Care vs. Hospice

A clarification distinguishing palliative care - available during any treatment - and hospice, which is a specific Medicare benefit.

Kidney Supportive Care: Core Curriculum 2020

Comprehensive article including the basics to know for holistic patient-centered care.

Supporting the Family Caregiver: The Burden of Serious Illness

Assessing and supporting caregivers of people with serious illness.

Reducing Risks for Older Adults

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

An Interview with Dr. Edward Machtinger: Lessons of Trauma-Informed Care

An expert provides background on trauma-informed care, explains the markers of trauma, and provides guidance on screening.

Coalition for Supportive Care of Kidney Patients

A national coalition promoting effective communication among patients, families, healthcare providers, and payers to ensure that patients receive the care that is important to them.

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