

# Comprehensive Palliative Care Skills for Medical Students

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This Learning Pathway contains comprehensive clinical skills training to help medical students understand the needs of patients with serious illness and how palliative care can help. Topics include an introduction to the principles and practices of palliative care, communication techniques for effective conversations with patients and caregivers, and pain and symptom management. This Pathway contains approximately 6.5 hours of learning activities.

## Understanding Palliative Care

### Introduction to Palliative Care for Health Professionals

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

## Communicating Effectively During Serious Illness

### Discussing Serious News

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

### Discussing Prognosis With Patients and Caregivers

Learn how to effectively discuss prognosis with patients and their caregivers.

### Clarifying Patient Goals of Care

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

### Goals of Care Conversation: Role Play

In this video, Kacey Boyle, RN, MSPC, leads us through an example of a goals of care conversation between a clinician and a patient.

### **Leading a Patient and Caregiver Meeting**

Learn to effectively lead meetings that help patients and caregivers become aligned around the patient's goals.

### **Care Planning**

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

### **"I Don't See Color" Means You Don't See Me**

Why clinicians must unlearn well-intentioned but ultimately harmful conventions about race and ethnicity—and strategies to move forward.

## **Managing Pain and Symptoms**

### **Course 1: Comprehensive Pain Assessment**

Conducting a comprehensive pain assessment to guide safe and effective treatment.

### **Anxiety in Patients with Serious Illness**

Take this online course to learn evidence-based strategies to identify and treat anxiety in patients with a serious illness.

## **Preventing Avoidable Crises**

### **Reducing Risks for Older Adults**

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

### **A Delirium Whodunit: Understanding the Causes of Delirium**

This interactive whodunit game challenges learners to conduct a thorough clinical investigation of a patient with delirium to diagnose the cause(s).

### **Deprescribing Escape Room: Reducing Medication-Related Harm**

This interactive escape room game challenges learners to conduct a thorough assessment of a patient whose multiple medications may be causing adverse effects, and determine which one(s) are candidates for deprescribing.

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