

# Best Practices in Dementia Care Designation

This learning pathway provides comprehensive continuing education on practical strategies to support patients living with dementia, and their families. Clinicians can use CAPC Designation to demonstrate expertise in caring for patients with Alzheimer's Disease and other dementias.

## **Mitigating Distress in People Living with Dementia and Their Caregivers**

Gain an overview of the experience of living with dementia and learn how to relieve distress for people living with dementia, and their caregivers.

## **Talking About a Dementia Diagnosis with Your Patient**

Learn how to discuss a diagnosis of dementia with patients and caregivers in a way that is sensitive, clear, and supportive, from diagnosis across the dementia trajectory.

## **Preparing Patients and Caregivers for Dementia Progression**

Learn techniques for supportive communication with people living with dementia, and their caregivers, to help them prepare for the challenges they may face as dementia progresses.

## **Helping Patients Plan for the Future after a Dementia Diagnosis**

Learn how to facilitate future planning discussions with people living with dementia, and their caregivers, including evaluating decision-making capacity, appointing a health care proxy, and preparing for financial, legal, and other impacts of dementia.

## **Supporting the Caregivers of People Living with Dementia**

Learn how to support caregivers of people living with dementia, including assessment of caregiver burden and connecting caregivers to essential support systems.

## **Decoding Dementia Behaviors**

Learn about behavioral symptoms as a form of communication for people living with dementia, and how to assess their root cause and manage these symptoms.

## **Addressing Mood and Sleep Disturbances in Dementia**

Learn how to mitigate and relieve common mood and sleep disturbances to improve quality of life for people living with dementia, and their caregivers.

## Advanced Dementia: Managing Complications and Care Transitions

Learn about common health complications for people living with advanced dementia and how to support patients and caregivers.

[View this page online](#)

You must be [logged in](#) to have full access to these resources. Not sure if you have a CAPC account? [Check here](#) to create one.