

# ABIM Maintenance of Certification (MOC) Courses

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This Learning Pathway includes all CAPC online courses that provide Maintenance of Certification credits for ABIM-boarded physicians.

## **Introduction to Palliative Care for Health Professionals**

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

## **Pain Management**

### **Course 1: Comprehensive Pain Assessment**

Conducting a comprehensive pain assessment to guide safe and effective treatment.

### **Course 2: Matching the Drug Class to the Pain**

Selecting a safe and appropriate analgesic for patients with serious illness based on the pain assessment.

### **Course 3: Patient Factors that Influence Prescribing Decisions**

Patient and family factors that influence prescribing decisions for patients with serious illness.

### **Course 4: Assessing Risk for Opioid Substance Use Disorder**

Integrating routine risk assessment for substance use disorder when considering or using opioid therapy.

### **Course 5: Opioid Trials: Determining Design, Efficacy, and Safety**

Designing a safe and effective opioid trial for the patient with serious illness.

### **Course 6: Prescribing An Opioid**

Safe and appropriate opioid prescribing for the opioid-naive patient with serious illness.

### **Course 7: Prescribing Short-Acting Opioids: Four Case Studies**

Four indications for using short-acting opioids.

### **Course 8: Monitoring for Opioid Efficacy, Side Effects, and Substance Use Disorder**

Ongoing evaluation of opioid benefits, risks, and side effects for the patient with serious illness.

### **Course 9: Converting from Short-Acting to Long-Acting Opioids**

Guidance on safe conversion to long-acting opioids for patients with serious illness.

### **Course 10: Prescribing Practice and Opioid Conversions**

Prescribing practice for long half-life opioids, converting from one opioid to another, and accounting for incomplete cross-tolerance.

### **Course 11: Advanced Conversions and Opioid Side Effects**

Changing the route of opioid delivery, rotating opioids, advanced opioid conversions, and tapering opioids.

### **Course 12: Special Populations And Patient-Controlled Analgesia**

Safe opioid prescribing in older adults, cognitively impaired patients, children, and the imminently dying, including patient-controlled analgesia.

### **Course 13: Managing Pain in Patients At Risk for Substance Use Disorder**

Pain management for patients with serious illness and high risk for substance use disorder, including risk assessment, monitoring, and when to refer for safe pain management.

### **Course 14: Pain Management: Putting it All Together**

Safe opioid prescribing for patients with serious illness, using the Federation of State Medical Boards (FSMB) Guidelines for the Chronic Use of Opioid Analgesics.

## **Symptom Management**

### **Nausea and Vomiting in Patients with Serious Illness**

Nausea and vomiting are common symptoms of serious illness, and can cause dangerous complications. Take this online course to learn practical skills to identify, manage, and reduce these symptoms.

### **Anxiety in Patients with Serious Illness**

Take this online course to learn evidence-based strategies to identify and treat anxiety in patients with a serious illness.

### **Depression in Patients with Serious Illness**

This online course teaches how to accurately identify and treat depression in patients living with a serious illness.

### **Dyspnea in Patients with Serious Illness**

Take this online course to learn how to manage dyspnea, including the physical causes of shortness of breath and the emotional impact on the patient.

### **Constipation in Patients with Serious Illness**

Constipation occurs in at least 70% of patients living with a serious illness and often goes unrecognized. Take this online course to learn critical skills to identify and manage the impact of constipation.

## **Communication Skills**

### **Discussing Serious News**

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

### **Discussing Prognosis With Patients and Caregivers**

Learn how to effectively discuss prognosis with patients and their caregivers.

### **Clarifying Patient Goals of Care**

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

### **Leading a Patient and Caregiver Meeting**

Learn to effectively lead meetings that help patients and caregivers become aligned around the patient's goals.

### **Care Planning**

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

## **Best Practices in Dementia Care and Caregiver Support**

### **Discussing Your Patient's Dementia Diagnosis**

Disclosing a dementia diagnosis to patients and caregivers in a way that is sensitive, clear, and supportive.

### **Communicating About What to Expect as Dementia Progresses**

Helping patients and caregivers understand challenges they may face as dementia worsens.

### **Planning for the Future with People Living with Dementia**

Enabling patients and caregivers to plan ahead for the financial, legal, and other impacts of dementia.

### **Supporting the Caregivers of People Living with Dementia**

Assessing for caregiver burden and connecting caregivers to needed support systems.

### **Understanding and Responding to Behavioral and Psychological Symptoms of Dementia**

Strategies for understanding and addressing the sources of behavioral symptoms for people living with dementia.

### **Mood and Sleep Disturbances in People Living with Dementia**

Addressing common sources of suffering for people living with dementia.

### **Critical Decisions in Advanced Dementia**

Addressing common sources of suffering for people living with advanced dementia.

## **Relief of Suffering Across the Disease Trajectory Managing Gaps in Care: Discipline-Specific Approaches**

### **A Palliative Approach to Care for Direct Care Workers**

The role of the direct care worker in observing and reporting suffering in patients with serious illness.

## **Preventing Crises Through Whole-Patient Care**

### **Supporting the Family Caregiver: The Burden of Serious Illness**

Assessing and supporting caregivers of people with serious illness.

### **Care Coordination**

Guidance for all clinicians on improving communication and ensuring smooth transitions of care for patients living with serious illness.

### **Reducing Risks for Older Adults**

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

# Building Physician Skills in Basic Advance Care Planning

## **Basic Advance Care Planning: Introduce and Motivate**

Identify the role of physicians and advanced practitioners in introducing patients to ACP.

## **Basic Advance Care Planning: Guide and Document**

Build physicians' and advanced practitioners' skills in guiding and documenting ACP conversations.

## **Beyond the Conversation: Integrating Basic Advance Care Planning into Practice**

Ways for physicians and advanced practitioners to integrate and bill for ACP in their practice.

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