

# ABIM Maintenance of Certification (MOC) Courses

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This Learning Pathway includes all CAPC online courses that provide Maintenance of Certification credits for ABIM-boarded physicians.

## Introduction to Palliative Care for Health Professionals

### Introduction to Palliative Care

An introduction to palliative care, how it is delivered, its impact on quality of life, and the growing population of patients who need it.

## Pain Management Symptom Management

### Anxiety

After completing this course, learners will be equipped with evidence-based strategies to identify and treat anxiety in patients living with a serious illness.

### Constipation

Constipation occurs in at least 70% of patients living with a serious illness and often goes unrecognized. After completing this course, learners will have the tools to successfully identify and manage the impact of constipation.

### Depression

After completing this course, learners will have the tools to accurately identify and treat depression in patients living with a serious illness.

### Dyspnea

After completing this course, learners will have the tools they need to manage dyspnea, including the physical causes of shortness of breath and the emotional impact on the patient.

### **Nausea/Vomiting**

Nausea and vomiting are common symptoms of serious illness and can cause dangerous complications. After completing this course, learners will be equipped with practical skills to identify, manage, and reduce these symptoms.

## **Communication Skills**

### **Discussing Serious News**

Learn best practices for having patient-centered conversations about a serious illness diagnosis.

### **Discussing Prognosis With Patients and Caregivers**

Learn how to effectively discuss prognosis with patients and their caregivers.

### **Clarifying Patient Goals of Care**

Learn best practices for building trust, eliciting patient values, and having patient-centered conversations about goals of care.

### **Leading a Patient and Caregiver Meeting**

Learn to effectively lead meetings that help patients and caregivers become aligned around the patient's goals.

### **Care Planning**

Learn techniques to help patients and their caregivers plan for the future, both during the early stages of a serious illness and as a disease progresses.

## **Best Practices in Dementia Care and Caregiver Support**

### **Discussing a Diagnosis of Dementia With Your Patient**

Learn how to discuss a dementia diagnosis with patients and caregivers in a way that is sensitive, clear, and supportive.

### **Communicating What to Expect Throughout the Trajectory of Dementia**

Learn techniques for supportive communication with people living with dementia, and their caregivers, to help them prepare for the challenges they may face as dementia progresses.

### **Planning for the Future After a Dementia Diagnosis**

Learn how to facilitate future planning discussions with people living with dementia, and their caregivers.

### [Caring for Caregivers of People Living With Dementia](#)

Learn how to assess caregiver burden and connect caregivers with needed support systems.

### [Behaviors as a Form of Communication in People Living With Dementia](#)

Learn about the sources of behavioral symptoms for people living with dementia and how to respond to them.

## **Relief of Suffering Across the Disease Trajectory**

## **Managing Gaps in Care: Discipline-Specific Approaches**

### [A Palliative Approach to Care for Direct Care Workers](#)

The role of the direct care worker in observing and reporting suffering in patients with serious illness.

## **Preventing Crises Through Whole-Patient Care**

### [Supporting the Family Caregiver: The Burden of Serious Illness](#)

Assessing and supporting caregivers of people with serious illness.

### [Care Coordination](#)

Guidance for all clinicians on improving communication and ensuring smooth transitions of care for patients living with serious illness.

### [Reducing Risks for Older Adults](#)

This course provides context and best practices for identifying older adults at risk for poor outcomes, including falls, delirium, and caregiving challenges.

## **Building Physician Skills in Basic Advance Care Planning**

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