

References

Resources

1. National Institute of Diabetes and Digestive and Kidney Diseases. *Eating, Diet, & Nutrition for Constipation*. Accessed February 11, 2025. <https://www.niddk.nih.gov/health-information/digestive-diseases/constipation/eating-diet-nutrition>

References

1. Clarke TC, Barnes PM, Black LI, Stussman BJ, Nahin RL. Use of yoga, meditation, and chiropractors among U.S. adults aged 18 and over. *NCHS Data Brief*. 2018;(325):1-8.
2. Dzierżanowski T, Larkin P. Proposed Criteria for Constipation in Palliative Care Patients. A Multicenter Cohort Study. *J Clin Med*. 2020;10(1):40. Published 2020 Dec 25. doi:[10.3390/jcm10010040](https://doi.org/10.3390/jcm10010040)
3. Hallenbeck, J. *Constipation*. Palliative Care Fast Facts #15. Milwaukee, WI: Palliative Care Network of Wisconsin. January 28, 2019. Accessed February 11, 2025. <https://www.mypcn.org/fast-fact/constipation/>
4. Zhang C, Jiang J, Tian F, et al. Meta-analysis of randomized controlled trials of the effects of probiotics on functional constipation in adults. *Clin Nutr*. 2020;39(10):2960-2969. doi:[10.1016/j.clnu.2020.01.005](https://doi.org/10.1016/j.clnu.2020.01.005)
5. Zaki-Nejad M, Nikbakht-Nasrabadi A, Manookian A, Shamshiri A. The Effect of Dignity Therapy on the Quality of Life of Patients with Cancer Receiving Palliative Care. *Iran J Nurs Midwifery Res*. 2020;25(4):286-290. Published 2020 Jun 17. doi:[10.4103/ijnmr.IJNMR_51_19](https://doi.org/10.4103/ijnmr.IJNMR_51_19)

Seminal

1. Candy B, Jones L, Larkin PJ, Vickerstaff V, Tookman A, Stone P. Laxatives for the management of constipation in people receiving palliative care. *Cochrane Database Syst Rev*. 2015;2015(5):CD003448. Published 2015 May 13. doi:[10.1002/14651858.CD003448.pub4](https://doi.org/10.1002/14651858.CD003448.pub4)
2. Clarke TC, Black LI, Stussman BJ, Barnes PM, Nahin RL. Trends in the use of complementary health approaches among adults: United States, 2002-2012. *Natl Health Stat Report*. 2015;(79):1-16. <https://pubmed.ncbi.nlm.nih.gov/25671660/>
3. Hills J, Paice JA, Cameron JR, Shott S. Spirituality and Distress in Palliative Care Consultation. *J Palliat Med*. 2005;8(4):782-788. doi:[10.1089/jpm.2005.8.782](https://doi.org/10.1089/jpm.2005.8.782)
4. Hosseinzadeh ST, Poorsaadati S, Radkani B, Forootan M. Psychological disorders in patients with chronic constipation. *Gastroenterol Hepatol Bed Bench*. 2011;4(3):159-163.
5. Liu Z, Yan S, Wu J, et al. Acupuncture for Chronic Severe Functional Constipation: A Randomized Trial. *Ann Intern Med*. 2016;165(11):761-769. doi:[10.7326/M15-3118](https://doi.org/10.7326/M15-3118)
6. Tarumi Y, Wilson MP, Szafran O, Spooner GR. Randomized, double-blind, placebo-controlled trial of oral docusate in the management of constipation in hospice patients. *J Pain Symptom Manage*. 2013;45(1):2-13. doi:[10.1016/j.jpainsympman.2012.02.008](https://doi.org/10.1016/j.jpainsympman.2012.02.008)

2.11.2025