

Over the last ten years palliative care has been one of the fastest growing trends in health care. In fact, the number of palliative care teams within hospital settings has increased approximately 148%, from more than 600 in 2000 to more than 1600 today.

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ADVANCE PALLIATIVE



Source: 2002 to 2012 American Hospital Association Annual Hospital Surveys for FY 2000 to 2010; and data from the Center toAdvance Palliative Care's (CAPC) National Palliative Care Registry."

Growth of palliative care has occurred primarily in response to the increasing number of Americans living with serious and chronic illnesses and to the caregiving realities faced by their families.

Drovalance (2000-2010)

### **PREVALENCE** (2000–2010)

The prevalence of palliative care teams in U.S. hospitals shows steady growth and indicates a rapidly rising trend. According to the most recent data analysis, 1,635, or 66%, of U.S. hospitals with more than 50 beds have a palliative care team—an increase of 148.5% since 2000.

Prevalence (2000-2010)					
Data Year	# of Teams in Hospitals	Total # of Hospitals	% of Prevalence		
2000	658	2,686	24.5%		
2001	805	2,648	30.4%		
2002	946	2,658	35.6%		
2003	I,082	2,683	40.3%		
2004	I,I50	2,569	44.8%		
2005	I,265	2,509	50.4%		
2006	I,357	2,452	55.3%		
2007	I,373	2,505	54.8%		
2008	I,486	2,517	58.5%		
2009	I,568	2,489	63.0%		
2010	I,635	2,489	65.7%		

#### Change in palliative care teams 2000 to 2010

148.5%

### **REGION (2010)**

The prevalence of hospital palliative care teams is lowest in the southern region of the U.S., with only 52.7% of hospitals reporting a palliative care team.

Region 2010					
Region	# of Teams in Hospitals	Total # of Hospitals in Region	% of Teams in Region		
Northeast	339	447	75.8%		
Midwest	459	609	75.4%		
West	310	434	71.4%		
South	527	999	52.7%		

# **Growth of Palliative Care in U.S. Hospitals** 2012 Snapshot

## SIZE (2010)

Larger hospitals are more likely to have a palliative care team. More than 81% of hospitals with more than 300 beds have a palliative care team, while less than one-quarter of hospitals with fewer than 50 beds report a team.

Size (2010)					
Bed Size <sup>1</sup>	# of Teams in Hospitals	Total # of Hospitals by Bed Size	% of Teams by Bed Size		
300+ <sup>2</sup>	639	727	87.9%		
50 to 299	996	1,762	56.5%		
Under 50	347	1,492	23.2%		

**Sources:** FY2002-2009 AHA Annual Survey Databases. Chicago, IL: Health Forum, an American Hospital Association affiliate, 2010. National Palliative Care Registry™: Center to Advance Palliative Care (CAPC), as of July 2012.

**Methodology:** This analysis was conducted in July 2012. The primary source of hospital data was the American Hospital Association (AHA) Annual Survey Database™ for FY 2000 through 2010. For FY 2008-2010, supplemental data were obtained from the National Palliative Care Registry™. The Registry provides data on the operational features and processes of care for hospital palliative care teams. Hospitals creating a profile in the Registry are included in the FY 2010 figures (both numerator and denominator) regardless of their response to the AHA Annual Survey.<sup>3</sup>

Hospitals were **EXCLUDED** from this analysis if:

- No admissions were identified as general medical/surgical, obstetrics/gynecology, cancer or cardiac
- They are controlled by the federal government (e.g., U.S. Department of Veterans Affairs)
- They are located outside the 50 states and the District of Columbia
- They contain less than 50 total beds
- They did not respond to the AHA Annual Survey

In the AHA Annual Survey, hospitals self-report their palliative care teams within four categories: hospital, health system, network or joint venture. We do not confirm AHA data. We included all four categories in the analysis.

- 1. The total number of beds is derived by excluding the count of nursing-home unit beds from the total count of facility beds.
- 2. The "300+" category refers to hospitals that have 300 or more facility beds. The "Under 50" category refers to hospitals with less than 50 facility beds.
- 3. The National Palliative Care Registry<sup>™</sup> data were not used to supplement data for FY 2000 through 2007. Note: In FY 2008, the AHA data were supplemented with all programs that had published data in the National Palliative Care Registry<sup>™</sup>.

The Center to Advance Palliative Care (CAPC) (www.capc.org, www.getpalliativecare.org) and the National Palliative Care Research Center (NPCRC) (www.npcrc.org) are affiliated with Mount Sinai School of Medicine and are dedicated to increasing quality palliative care services for people facing serious illness.

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