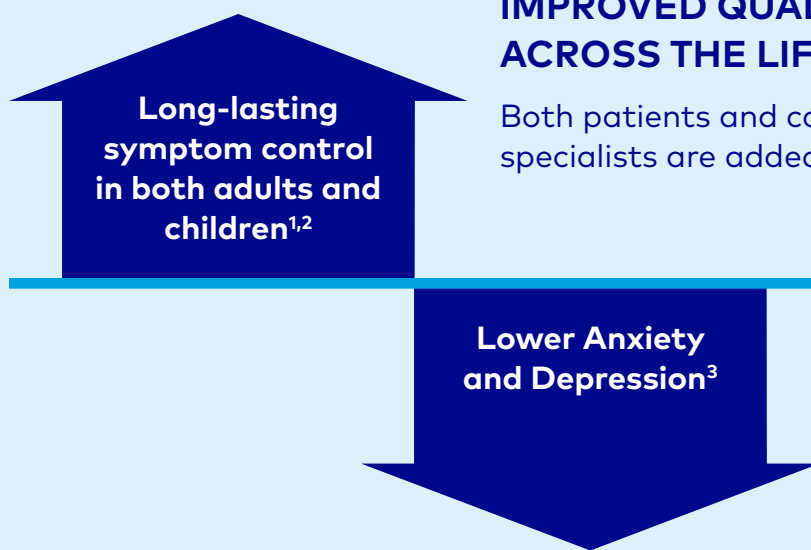


Palliative Care Is High-Value Care

Palliative care is specialized medical care that focuses on relieving the symptoms and stress of serious illness for patients and their caregivers. More than 20 years of careful analysis continues to show that palliative care improves patient quality of life while significantly improving the cost-effectiveness of health care delivery.

IMPROVED QUALITY AND SATISFACTION ACROSS THE LIFESPAN



Long-lasting symptom control in both adults and children^{1,2}

Both patients and caregivers find relief when palliative care specialists are added to the care team.

93%

of patients and caregivers say they would recommend the service⁴

REDUCTIONS IN AVOIDABLE UTILIZATION AND SPENDING

Palliative care improves value in both inpatient and community settings.

Inpatient

HOSPITAL
2-day reduction in length of stay⁵

EMERGENCY
Nearly **\$6,000** on each admission⁶

POST-DISCHARGE
Reduced 30-, 60-, and 90-day readmission by nearly **50%**⁷

Community

AMBULATORY
23% less per member per month⁸

HOME, ADULT
More than **\$10,000** per patient saved⁹

HOME, PEDIATRIC
Median total hospital days reduced **75%**¹⁰

ENHANCED QUALITY AND COST-EFFECTIVENESS ACROSS POPULATIONS

When palliative care is delivered alongside specialty care, patients avoid costly and burdensome health care experiences.



CANCER

\$34,000

savings in hospital spending per patient¹¹

Fewer ED visits in the community¹²



HEART FAILURE

Odds of readmissions cut by

50%^{13,14,15}



DEMENTIA

19%

lower hospital charges¹⁶



CHRONIC KIDNEY DISEASE

20%

lower odds of readmission¹⁷



SURGERY

\$1,300

lower daily costs¹⁸



COPD

50%

lower odds of 30-day readmission¹⁹

Learn more

about palliative care needs and impact at

capc.org/research-toolkit