

PSYCHOSOCIAL AND SPIRITUAL ACUITY SCALE
Mount Carmel Acute Palliative Care Rounds Worksheet (ver 14)

PSYCHOSOCIAL ACUITY SCALE
SPIRITUAL ACUITY SCALE

Each Scale scored 1-3:

- 1 = normal complexity
- 2 = moderate complexity
- 3 = extreme complexity

PSYCHOSOCIAL ACUITY SCALE

- 1 Explaining issues; affirming choices; generally family/patient in agreement with IDT regarding decision-making; adequate resources.
- 2 Very new diagnosis; much processing to work through in a rapid period of time; mild resistance to coming to decisions regarding EOL care and planning; financial concerns; pt/family with history of acute or chronic emotional/mental health issues that impact coping
- 3 Family discord about plan of care; pt/family emotionally/mentally distraught and struggling to cope; inadequate, hostile or resistant caregivers; legal/custody issues; ethics involvement; interpretive issues; decision making delayed due to coping issues with patient or family

SPIRITUAL ACUITY SCALE

- 1 Integrating personal beliefs and values into the end of life experience; seeking a personal understanding of God and afterlife; family coping intact
- 2 Asking probing questions and expressing doubt and some fear related to dying; searching for a spiritual framework for peace in dying; family/care giver seeking meaning and or reorganization in light of the patient's terminal condition
- 3 Very restless and distressed; unresolved issues with God and those around; dealing with guilt, shame and unworthiness; disclaiming a personal belief system that brings comfort and hope; clinging to anger, unforgiveness and fear; family not finding meaning in this time, may request euthanasia.